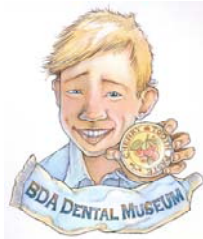
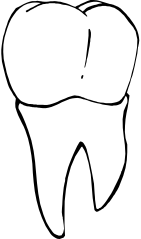
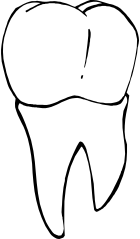
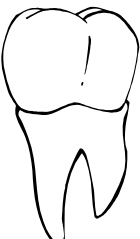
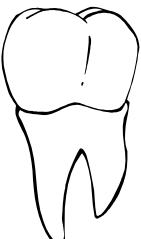


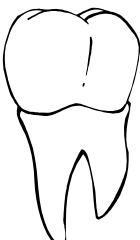
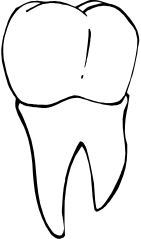

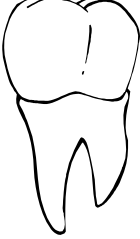


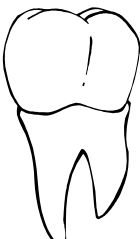



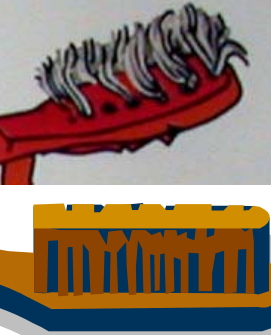

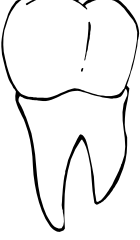

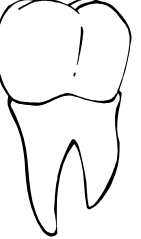





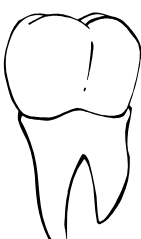




How well did you look after your teeth?

This game is set in two time periods: 100 years ago and today. Take one of the cards from the "Past/Present" pack to see if you will be playing "Then" or "Now". Then choose a playing counter. Throw the die and move your counter round the board following the instructions depending if you are playing in the past or present. The winner is the first person to land on "The End" square. Most children 100 years ago had worse teeth than us today but if you don't look after your teeth properly today they might win this game!



<p>17</p> 	<p>16</p> <p>Then: You only use your toothbrush on Sundays: Go back 2</p> <p>Now: How often a day do you brush your teeth? Go forward 1 square for each time</p>	<p>15</p> 	<p>14</p> 	<p>13</p> 	<p>12</p> <p>Then: You buy some new "Areca Nut" toothpaste. Go forward 1</p> <p>Now: You use a toothpaste with fluoride. Go forward 2</p>
<p>18</p> <p>Then: There is no health care at your school. Miss a turn</p> <p>Now: The dentist comes to visit your school. Go forward 1</p>					<p>11</p> 
<p>19</p> 		<p>29</p> 	<p>28</p> 		<p>10</p> 
<p>20</p> 		<p>30</p> 	<p>27</p> <p>Then: You have toothache; the chemist takes your tooth out for you. Go back 3</p> <p>Now: You have toothache; the dentist fills it. Go back 1</p>		<p>9</p> <p>Then: You share a toothbrush with all your family: miss a go</p> <p>Now: What does your toothbrush look like? Worn? Go back 2. New? Go forward 1</p>
<p>21</p> <p>Then: You eat lots of vegetables. Go forward 3</p> <p>Now: How many biscuits or sweets do you eat each day? Go back 1 square for each</p>		<p>THE END</p> <p>You have lost all you baby teeth and now have 28 adult teeth. Will you take better care of them?</p>		<p>26</p> 	<p>8</p> 
<p>22</p> 	<p>23</p> 	<p>24</p> <p>Then: There is no dentist in your town. Go back 1</p> <p>Now: You visit the dentist twice a year. Go forward 2</p>	<p>25</p> 	<p>7</p> 	<p>6</p> <p>Then: You can't afford a toothbrush. Go back 1</p> <p>Now: You have your own toothbrush. Go forward 1</p>
 					
<p>START</p> <p>You start as a baby with 20 healthy teeth waiting to emerge! Are you going to take good care of them?</p>	<p>1</p> 	<p>2</p> 	<p>3</p> <p>Then: You had tea, bread and cheese for breakfast. Go forward 2</p> <p>Now: What do you eat for breakfast? A sugary cereal? Go back 2</p>	<p>4</p> 	<p>5</p> 